

Please complete the tick boxes below in keeping with your **CURRENT** symptoms.

Q1. Do you have problems with the tongue (pain, inflammation, ulcers etc) Yes ₃₁₃ No

Q2. Do you have a coated tongue at the present time? Yes ₃₁₇ No

Q3. Do you suffer from bad breath? Yes ₃₁₄ No

Q4. Do you experience increased salivation (hypersalivation, drooling)? Yes ₃₁₅ No *

Q5. Do you suffer from a very dry mouth (lack of saliva)? Yes ₃₁₆ No *

Q6. Is your appetite generally **a)** increased ₃₁₉, **b)** reduced ₃₁₈, or **c)** normal *

Q7. Do you get feelings of extreme hunger? Yes ₃₂₀ No

Q8. Do you experience 'hunger pangs' without any real desire to eat? Yes ₃₂₁ No

Q9. Are you generally thirsty? Yes ₃₂₂ No *

Q10. Do you get a physical sensation of thirst, but can't face fluids when they are offered? ₃₂₃

Q11. Are you generally thirstless? Yes ₃₂₄ No *

Q12. Do you find yourself drinking, even when you are not actually thirsty? Yes ₃₂₅ No

Q13. Is your sense of taste:

- a) over-sensitive ₃₈₄;
- b) dull / impaired ₃₈₅;
- c) lost altogether ₃₈₆;
- d) Normal (if d, miss the next section go to question 16)

Q14. Is your sense of taste disturbed or altered? Yes ₃₈₇ No

Q15. If yes, in which of the following describes what you experience?

- acid (regurgitation) ₄₀₀
- bitter ₃₈₈
- earthy ₃₈₉
- insipid / flat ₃₉₀
- foulness ₃₉₁
- greasy ₃₉₂
- herby (like herbs) ₃₉₃
- metallic ₃₉₄
- salty ₃₉₅
- sour ₃₉₆
- sweetish ₃₉₇
- burnt ₃₉₈
- offensive, repulsive ₃₉₉

Q16. Do you experience sour risings; burping; acid burning; or heartburn that involves the gullet and/or throat? Yes ³¹² No

Q17. If yes, which of the following most clearly describes the problem?

- regurgitation ⁴⁰⁰
- rising in throat ⁴⁰¹
- eructation (burping / belching) ⁴⁰²
- heartburn ⁴⁰⁴

Q18. Do you experience nausea (feelings of sickness)? Yes ⁴⁰⁹ No

If no, go to question 22.

Q19. If yes, where in your body do you experience the nausea mainly?

- in the chest ⁴¹⁰
- in the throat ⁴¹¹
- in the stomach ⁴¹²
- in the abdomen ⁴¹³

Q20. Do you find the appearance or odour of food repugnant? ⁴⁰⁸

Q21. Does the appearance or odour of food in itself make you nauseous? ⁴¹⁴

Q22. Are you retching (recurrently or at the present time) ⁴⁰⁷

Q23. Do you suffer from bulimia? ⁴⁰⁶

Q24. Is vomiting a problem (recurrently or at the present time) ? Yes ⁴¹⁵ No

If no, go to question 27.

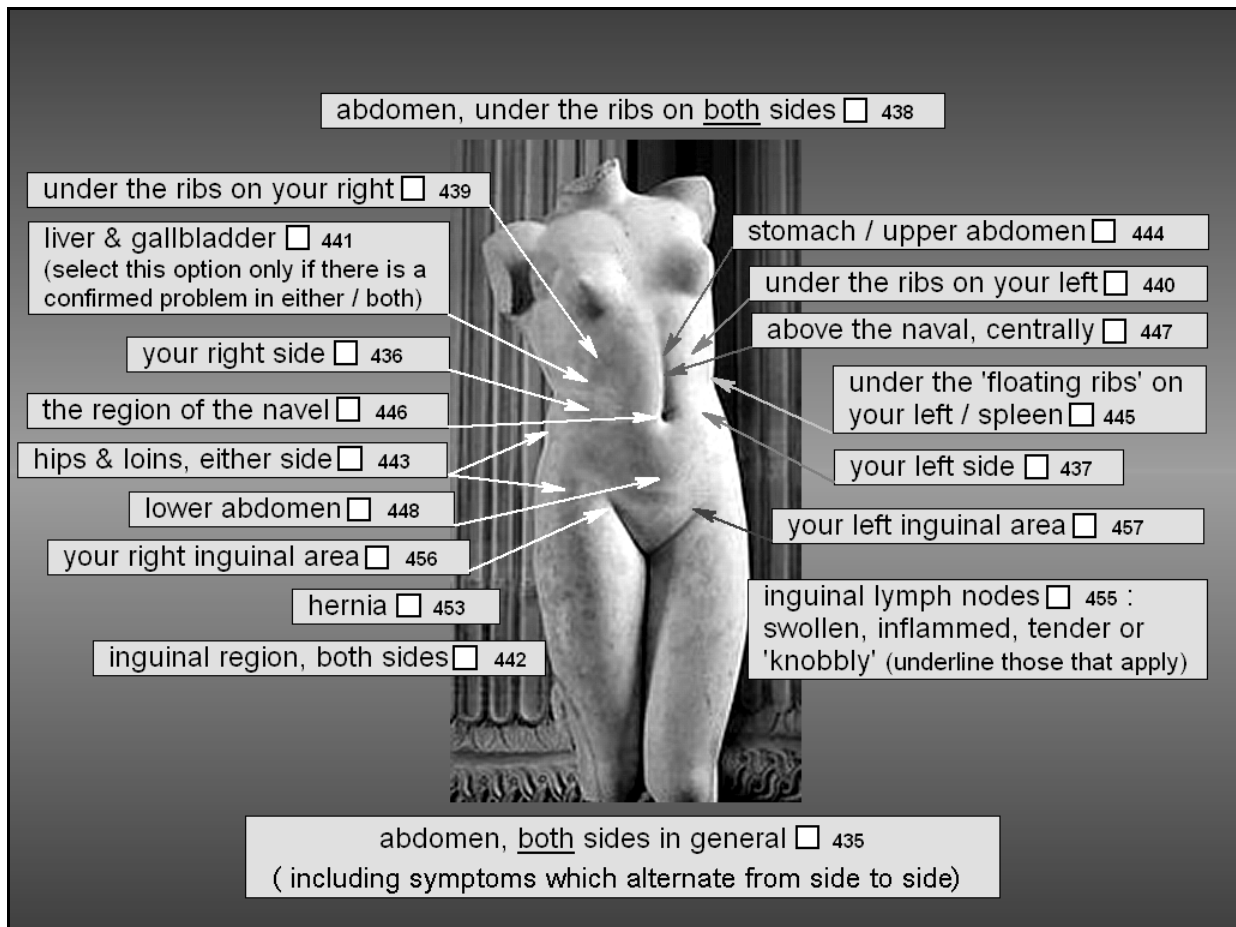
Q25. If yes, are you bringing up any of the following (tick all that apply):

- fresh blood ⁴¹⁶ / bright fresh blood ⁴²¹
- altered blood (like coffee grounds) ⁴¹⁸, or black ⁴³⁰
- mainly recent food ⁴³¹ or long-digested food (even faecal) ⁴²⁷
- mainly recent drinks ⁴²⁶
- slime ⁴²⁹
- bile (bitter greenish yellow fluid) ⁴²⁵

Q26. Is the vomiting ...

- accompanied by diarrhoea ⁴⁷⁴
- accompanied by fever ¹⁹³³ (please also complete the fever questionnaire)
- accompanied by an intoxicated feeling ⁴⁵
- accompanied by tiredness (fatigue) ⁹⁹³

Q27. Do you experience abdominal symptoms? Yes 449 No
 If yes, please indicate regions below. If no, please go to question Q36.



Q28. Which of the following do you experience?

- Dull pain 907
- Squeezing / cramp-like pain 973
- Sore (smarting) pain 1106
- Bruised pain 1111
- Ulcerative pain 939
- Burning pain 895 / as if burnt 1079
- Pain as from a punch 1030
- Labour-like pain 1097
- Painful flatulence, flatulent colic 470
- Wave-like pains 1100
- Wandering pains (that change place) 1093
- Bloating or distension Hiccups 403
- Flatulence 458 (see also Q30 overleaf)
- Diarrhoea 472 (see also Q31 overleaf)
- Urging to stool 477
- Urging to stool (false / ineffective) 478
- Constipation 479 (see also Q32 overleaf)
- Haemorrhoids (piles) 506
- Other symptoms in the back passage 505; anus 503 ; or perineum 504

Q29. What makes the symptoms better / worse?

- Worse after eating 2072 *
- Better after eating 2516*
- Worse after eating to satiety 2073 *
- Better eating until to satiety 2517*
- Worse while eating 2071
- Better while eating 2515*
- Worse eating quickly 2074
- Worse before eating 2070
- Better for warm food / drinks 2578
- Worse for warm food / drinks 2294
- Better for cold food / drinks 2571
- Worse for cold food /drinks 2259
- Better for external pressure 2509
- Worse for external pressure 2053
- Better for lying doubled up 2558
- Worse for lying doubled up 2193
- Worse before stool 2400
- Worse during stool 2401
- Worse after stool 2402
- Better after stool 2617

Q30. If you suffer from flatulence, how would you describe its nature?

- odourless 462
- trapped or obstructed 471
- moist and warm 461
- hot 463
- cold 464
- loud / explosive 466
- passed with loud rumbling in the bowels 469
- foul smelling 459
- odour of bad eggs 460
- smelling of garlic 465
- smelling sour 467

Q31. If you suffer from diarrhoea, which of the following accurately describe your problem?

- diarrhoea in daytime only 473
- diarrhoea with vomiting 474
- diarrhoea painful 475
- diarrhoea painless 476

Q32. If you suffer from constipation, which of the following apply?

- constipation 479
- constipation from inactive bowels 480
- constipation from hardness of the faeces 481

Q33. Are your stools normal and regular? If so, continue to the end of this page.
If not, please indicate which of the following apply.

- bloody 482 [fresh blood on the surface , fresh blood mixed in , old blood
- formed too large 483
- formed too thin 484
- purulent (with pus or mucus) 485
- 'bilious', yellow 486
- grey (ash-coloured, whitish) 487 [with jaundice / yellowed skin: 937]
- green 488
- sour odour 489
- like sheep dung 490
- acrid (inflames the anus) 491
- foamy 492
- slimy 493
- black 494 (see a doctor urgently)
- offensive odour 495
- insufficient / passed incompletely 496
- undigested foodstuffs 497
- passed involuntarily (incontinence) 498
- tenacious - messy / sticky 499
- containing worms, tapeworms 500
- containing worms, threadworms 501

Q34. Are you troubled with abdominal gurgling Yes 940 No

Q35. Diagnoses

- Do you suffer from ulcerative colitis 916, or Crohn's disease 915
Have you been diagnosed with hepatitis 441, 915
Do you suffer from fluid swelling in the abdomen (ascites) 1041
Have you been diagnosed with coeliac disease 2229
Have you been diagnosed with lactose intolerance 2266
Have you been diagnosed with stricture (oesophagus or elsewhere) 1081

Q36. Weight

- Have you lost a great deal of weight 850
Are you substantially overweight 931 Your current weight (if known) _____

Q37. **Sensations** - Please tick any of the following that are relevant to you.

Sensations: Distention

- blown-up sensation 862
growing sensation, inside 859
sensation of pressure inside 902
sensation of pressure inward 903
sensation of pressure outward 904
swollen feeling internally (bloated) 1044
constipated feeling internally 1085
feeling of fullness internally 1087

Sensations of constriction

- sensation of a band or hoop 868
clothes, intolerant of (feeling too tight) 959
sensation like an iron clamp 957
constriction, of inner parts 1129
constriction of orifices, (eg, anus) 1132

Sensations of inner movement

- movement, sense of 879
alive sensation 987
quivering, of internal parts 933
dragging down sensation 948
jumping, hopping internally 952
bubbling, swelling up sensation 1016
rolling, sensation 1023
surging 1102
forcing, urging 898
turning, twisting (winding) 899
wobbly feeling 1099
trembling (shaking), inner parts 1118

Sensations of something present

- ball (lump) in internal parts, as of 962
nail (plug) in internal parts 996
water dashing to internal parts 1096

Sensations of internal discomfort / pain

- drawing, sensation of 908
iron, as of penetrated hot iron 910
cramped in internal parts 956
pinching in inner parts 964
squeezing 1133
nipping 1134
pinching 1126
gnawing (eating) in internal parts 998
throbbing, beating in internal parts 1012
pulsating, throbbing in internal parts 1014
splinter sticking in part, sensation of 1054
thrusts, shock (thrust, shock pains) 1068

Other sensations

- sensation of internal warmth 1091
sensation of internal heaviness 1046
sensation of internal tension 1052
empty (hollow) feeling 988

General impressions

- sensitiveness of internal parts 912
ill, sense of being (sick feeling) 974
anxious feeling in body 856
attacks of being unwell 1078
doubling up of the body 1127

Rare sensations

- valve, (as of a valve in throat) 958

You have come to the end of this symptom survey. If any of your symptoms relate to foodstuffs, please complete the generals & foods questionnaire. Please also complete any other surveys relevant to your case as advised by your homeopathic doctor.